

Balanced HEALING

Combining Modern Medicine
with Safe & Effective
Alternative Therapies



At last! The ultimate reference guide for millions of Americans who want to take advantage of safe & effective alternative healing methods without giving up the high-tech benefits of modern medicine.

Now, you and your whole family can get the best that conventional and alternative medicine have to offer—with Dr. Altshuler's step-by-step *Balanced Healing Action Plans* for every common ailment.

“He’s my kind of doctor! In this unique and groundbreaking book, Dr. Larry Altshuler eliminates the guesswork with treatment protocols combining the best that conventional and alternative approaches can offer. This much-needed resource should be on the shelf of every concerned doctor and patient. I highly recommend it.”

Christiane Northrup, M.D.

Author of *The Wisdom of Menopause*
and *Women’s Bodies, Women’s Wisdom*

“*Balanced Healing* is an excellent resource for everyone who wants to participate in the process of healing. When you combine knowledge, experience, and inspiration, exceptional results occur.”

Bernie S. Siegel, M.D.

Author of *Love, Medicine and Miracles*
and *Prescriptions for Living*

Larry Altshuler, M.D. began introducing alternative methods of treatment into his medical practice 25 years ago, long before alternative medicine enjoyed widespread acceptance.

He is board-certified in Internal Medicine and also has extensive training in herbal medicine, acupuncture, nutrition, Qigong, hypnosis, and mind-body medicine.

Dr. Altshuler heads the Balanced Healing Medical Center in Oklahoma City, a clinic specializing in the treatment of chronic disease and pain. It enjoys a phenomenal success rate through the combined application of conventional, alternative, and research therapies.

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